

BD5

FREE

ISSUE 24 APRIL 2007

COMPETITION

5 MP3 Players to be won!

See page 15

A big thanks to Lil

3

Kickstart your career

6



Welcome to your community magazine

BD5

BD5 is your community magazine. It comes free through your letterbox each January, April, July and October bringing you all the latest news about your area.

BD5 is a magazine for you. So if you have something to say about your area, your group or community or you just want to get involved - contact us!

BD5 is funded by Bradford Trident, the company set up to deliver New Deal for Communities projects. It will keep you up to date with Trident developments.

contents

p3 News

p4 Anti Drug Work

p5 News

p6 Business News

p7 Nicest Neighbours

p8 Anti Crime Update

p10 Education News

p11 Profile

p12 Welcome to Bradford

p13 Health Trainer

p14 Movies

p15 Youth News

p16 Sport

For news and features contact: Mark Fielding 01274 431441 Send letters to: BD5, Bradford Trident, Mercury House, Manchester Road, Bradford BD5 0QL or e-mail us at: info@BD5online.com

The next issue of BD5 will be out in June. The deadline for contributions is May 1st. BD5 is also available in large print, contact Trident.

The views expressed in BD5 are not necessarily those of Bradford Trident Ltd. All information is correct at the time of going to press. BD5 cannot accept responsibility for any errors or ensuing consequences. Full competition rules and conditions available on request. BD5 is printed on chlorine free 25% recycled paper.

BD5 is designed by Red Deziign Ltd 01274 700427 or e-mail info@reddeziign.com

Thanks to all contributors for their help and support.



Front cover - Parkside residents see the lights - See page 5

BD5 online.com
your local gateway to the Internet

**35 years
in business**

5



**Building
success**

10



**Health
Trainer**

13



**Movies
& competition**

14



A Big Thanks to Lil!

Lil Acklam, stalwart of community action and leading light of Triangle and Royal Associations, has retired following many years of hard work and commitment.

Lil will be known to many across the area for the work she put into Bradford Trident as a board member, working in particular on housing and environment issues. Closer to home she has been responsible for creating the community space at the bottom of Evans Towers and running many events and activities for residents of the tower blocks off Manchester Road.

'There have been many ups and downs on the way,' says Lil, 'but on balance I think the area has improved. I am just glad to have been able to contribute.'

'I have always enjoyed helping people and I think I have achieved that, plus I've met a lot of interesting people in the process,' says Lil. 'Now it's time to have a rest and let others take the reins.'

To mark her retirement the famous Egg sculpture near Buchan Towers has been dedicated to Lil who unveiled it at a special opening ceremony in January.



Work on new homes starts

The much anticipated housing scheme at Park Lane has begun.

Residents living nearby will have noticed fencing appear and the first earthworks starting. Altogether 93 properties will be built by Haslam Homes and Manningham Housing Association on the site over the next two years.

Nearby at Park Lane the Gulberg Centre has been demolished to make way for the development of 11 bungalows for low cost sale. These properties will complement the 41 apartments of Extra Care on the adjoining land, which are now fully let. Developer Housing 21 expect to see completion by the end of the year.

Plans for the former Reyner House site are moving along apace. Asquith Properties have held meetings with planners for the proposed 700 home development that will also include a hotel and retail and commercial elements. An outline planning application will be submitted shortly with a start on site anticipated March 2008.



BRADFORD TRIDENT
INVESTING IN OUR COMMUNITY

New Director needed

Bradford Trident Trading, the company that looks after the assets of Bradford Trident, is looking for a new Director to join its board.

If you are interested in the well being of our communities and think you can spare a couple of hours per month then get in touch with **David Mosley** at Bradford Trident on **01274 431441**.

Many thanks are due to Eileen Fearon who has served on this board since the inception of the company.
Good luck Eileen!

Khidmat Women's Centre opens

The new Khidmat Women's Centre at Ryan Street is now open. Centre Manager Fareeda Mir, busy organising events and activities, says, 'The new centre is a marvellous facility. With meeting and activity rooms, including a fantastic IT suite, the facilities are top notch. All women are welcome to come and join in activities.' For a full run down on the centre's programme ring Fareeda on 07966 002925 or call in at the centre.

Fareeda Mir opens the door to the new centre.

4 | Feature

Do you want to stop using drugs?

Richard Latouche is the new Black & Minority Ethnic Communities Outreach Drugs and Alcohol Worker operating in the local area. He is employed by CALEB, a registered charity that assists people in becoming drug free and getting back to work.

Richard has been in the job for the past six weeks and is looking forward to the challenge. Being an ex-drug user and having been through painful and depressing periods in his life he can relate to and understand some of the experiences current users and their families are having.

Richard says, 'I can understand what people are going through and how difficult it can be to refrain from using drugs. Some people are forced into this vicious circle and often are not aware of who to turn to for help. For Black & Minority Ethnic communities the burden of cultural issues increases the problems further.'

Richard is keen on visiting and working in partnership with as many local groups and organisations as possible. He hopes to introduce some structure into the lives of current users by enrolling them onto CALEB's tried and tested 5-day programme.

Those who are not quite ready for the programme can be referred to appropriate agencies or return to the project when they are ready. It's entirely up to the service users, whatever they feel comfortable with.'

Richard goes on to say, 'The important thing is to assist people in abstaining from

drugs and becoming productive members of society'.

The project has staff who can speak and communicate in community languages making it easier to take that vital first step and contact the project.

Richard can be contacted on 01274 720101 or 0772 6511262.

Words from some people who have accessed CALEB's services:

'I came to CALEB with an alcohol and drug problem... I just couldn't stop, but CALEB taught me how to live life without drugs and drink. I am now working and planning to work in Australia.'

A.T.

'I have used drugs for 20 years and I couldn't stop. Heroin and crack was my biggest problem. I came to Friday Café at CALEB loads of times before I signed on the programme and even then it was really hard to attend. My life was in chaos. I haven't touched crack and heroin for many months now and I am even at college.'

J.C.

'Life is very different after spending the last year at CALEB. I have new friends who don't use drugs and I can wake up in a morning without having to get drugs to be OK!'

Craig



Smoke free workplaces are on the way. Soon there will be a smoking ban affecting public spaces and workplaces.

To find out more visit

www.smokefreeyh.org.uk

Parkside residents see the light

Residents of Parkside estate have benefited from subsidised installation of outdoor security lights worth £60 thanks to cash from the Neighbourhood Action Plan. Each resident who signed up for the scheme paid £20 per light, supplied and fitted by Zai UI-Haq of AHO Electrical Contractors Ltd.

'Crime prevention was top of the list of residents concerns so we decided to continue with our security lighting offer,' says Yassar Taj of Parkside Residents Association. 'Residents, especially vulnerable ones, feel re-assured that lights come on to deter intruders and pests.'

Pictured are Zai UI-Haq fitting a new light with local resident Wally Dean. **AHO Electrical Contractors can be contacted on 01274 821449**



www.parkattheheart.com

News | 5

A new 'Park at The Heart'



Things are changing in Bradford centre. You may have seen the original Masterplan for the city centre prepared by Will Alsop which showed clearing the Police Station and

Magistrates Court to create space for a large lake around City Hall.

Feedback welcomed this grand ambition but wanted to see a more active and usable space at the centre of the city which would bring the people of the District together. So, a new City Park, a 'park at the heart' of Bradford is planned. It will be a place for activities and relaxation. A space for people of all ages. A place that can be used all day long and all year round and that everyone can enjoy and be proud of.

Some initial designs have been prepared for the Park. A 'mirror pool' is proposed as a centrepiece to reflect and showcase the magnificent City Hall. This unique shallow water pool will be able to change in size and shape. There will be fountains, jets and causeways and the water can be simply drained for easy maintenance and for hosting major events. Bradford's City Park bid has now reached the final stage of a competition for Big Lottery Fund money and is competing against 22 other schemes across the country.

To learn more about the Park, give your views or show your support, visit their web site or pick up a leaflet at your local library.



35 years in business!

A local entrepreneur celebrates 35 years trading on Park Road this year.

Keith Waters, who is 80 this year, bought the row of semi-derelict properties from Moss the Chemist in 1972 and since then has transformed them into a thriving parade of shops comprising a grocers, off licence, hairdressers, café, fishing tackle shop and fish & chip shop.

'We have worked hard over the years to build the business up and make a thriving arcade,' says Mr Waters, pictured. 'The rents we charge tenants of the shops are reasonable and that gives them a good chance of success too.'

Part of our success is due to the fact that we stock what people want - for example we now have a very wide range of Polish goods to cater for that growing community.'

Mr Waters still has plans to extend in future using other premises on the site so look out for future developments!

' We have worked hard over the years to build the business up and make a thriving arcade,'



6 | Business News

Business News



Kickstart your career!

bradford
kickstart

Bradford Kickstart is a new and free service for people living in Bradford who are thinking about starting up their own business.

Although Bradford Kickstart is on offer to anyone living in the district, Accent Community Partnerships, who are delivering the project, are concentrating efforts mainly at helping social housing tenants to start up their own business. In particular those who are unemployed, young people aged between 18 to 25, women and people from Black and Minority Ethnic communities.

To find out whether self-employment is for you they are offering special free-of-charge introductory enterprise courses.

The courses will run over two days each month. They will help people explore the idea of self-employment by giving them the confidence and motivation to make a success of their business.

To make sure the project reaches everyone who can most benefit from it, five Bradford housing associations are working together to run it - these are Accent Community Partnerships, Places for People, Bradford Community Housing Trust, Manningham Housing Association and Brunel Housing.

A start up grant of up to £1,000 is available to any tenants of the five housing associations involved.

For more information, please contact Zahra at Accent Community Partnership's on 01274 767881 or 07806 935161. The project is funded by Bradford City Council's Be Enterprising Programme.

Why not visit their web site?

www.be-enterprising.org



UrbanBiz win Start-Up of the year!

Urban Biz, established in Bradford in 2005, run a number of programmes all centred around recruitment, enterprise, research and training. Their rapid success has led already to them winning 'Start-Up of the Year' awarded by Yorkshire Forward, Business Link and Social Enterprise Yorkshire and Humber.

Helen Mallison, Business Advisor for West Yorkshire Social Enterprise Link, says of the company, 'The hard work and dedication of Clinton, Charles and McMillan have ensured the rapid success of the company, driven by their passion for the client groups they are working with.' Originally formed with the purpose of advancing the welfare of the African-Caribbean community within the Bradford and District area the company has successfully grown to incorporate wider sections of the community.

Working with their sister company Millennium Renaissance Consultants they have gained a seat on the LEGI consortium. Through this they offer services such as Business Advancement Facilities for young businesses to access, and a Business Councillor offering free advice. As part of Fair Cities, an employment programme is offered aimed at assisting disadvantaged areas of the community to find sustainable employment.

As a City and Guilds Centre Urban Biz offers training to individuals who are facing educational barriers to employment. Through Basic Employment Skills Training, UrbanBiz offers hugely successful ESOL and Preparation for Work classes and has launched its new Literacy and Numeracy class.

UrbanBiz is certainly living up to its title of Start-Up of the year and looks set to go from strength to strength in 2007.

To contact them ring 01274 741252 or visit their website.

www.urbanbiz.org.uk



Urban Biz Directors McMillan, Clinton & Charles

Enterprise Enablers here to help

A number of volunteers from the community are now available to help you with your business start up. If you want to have a chat about your idea contact Aurangzeb Khan on 07929 167958 who will put you intouch with your local Enterprise Enabler. Your Enterprise Enablers are: Little Horton: Sadaqat Khan, Graham Binns, Aurangzeb Khan, Park Lane: Yasmin Begum, Marshfield: Neelam Hanif, Parkside: Norville Roland, West Bowling: Rob Morrow, Canterbury Estate: Mark Fielding.

Who's the Nicest Neighbour??

BD5 magazine has teamed up with the Neighbourhood Wardens for this year's Summer Special Competition. We need to know who is the best neighbour in the area. And to find out we need your nominations!

The best neighbour could be someone who -

- gets involved with local activities
- helps keep the streets tidy
- keeps an eye on your kids if you're delayed at work

The choice is yours!

And if the panel of judges thinks your nomination is the best you will get to share the prize with the winner.

First Prize	£100 to share and trophy
Second Prize	£60 to share and trophy
Third Prize	£40 to share and trophy

Residents of the Bradford Trident and Parkside areas are eligible to enter.



Nicest Neighbour 2007 is sponsored by



سب سے اچھا پڑوسی کون ہے؟
 بی ڈی 5 میگزین نے اس سال نیکسٹ نیبر ہڈ وارڈنز کے اشتراک سے "سرسٹیشن کمپینیشن" (موسم گرما کا خاص انعامی مقابلہ) کا اہتمام کیا ہے۔ ہم جاننا چاہتے ہیں کہ علاقہ میں سب سے اچھا پڑوسی کون ہے۔ یہ معلوم کرنے کے لئے ہمیں آپ کی طرف سے نامزدگیوں کی ضرورت ہے۔ سب سے اچھا پڑوسی ایسا کوئی بھی ہو سکتا ہے جو:
 • مقامی سرگرمیوں میں حصہ لے
 • گلیوں کو صاف رکھنے میں مدد کرے
 • اگر آپ کو کام پتہ دیر ہو جائے تو وہ آپ کے بچوں پر نظر رکھے
 فیصلہ آپ کے ہاتھ میں ہے!!
 اگر ہمارے ججوں نے یہ سمجھا کہ آپ کا نامزد پڑوسی سب سے اچھا ہے تو آپ جیتنے والے کے انعام میں حصہ دار ہوں گے۔
 پہلا انعام £100 کی حصہ داری اور ٹرافی
 دوسرا انعام £60 کی حصہ داری اور ٹرافی
 تیسرا انعام £40 کی حصہ داری اور ٹرافی
 بریڈ فورڈ ٹریڈنٹ، پارک سائڈ اور پارک سائڈ کے علاقوں میں رہنے والے لوگ اس انعامی مقابلے میں حصہ لے سکتے ہیں۔

Cut along dotted line



Entry form Who's the Nicest Neighbour 2007??

I nominate as the Nicest Neighbour 2007.

This is because (no more than 80 words)

.....

Your name Your address

..... Your telephone number

Please pop this entry form in an envelope and return to **Nicest Neighbour, BD5 Magazine, FREEPOST, NEA 12773, Bradford, BD5 0QL**. Entries must be received by **Thursday May 31st**. Winners will be notified and prizes will be awarded at the Summer Celebration on Sunday June 24.




Crime Update

News from the Bradford Trident Anti Crime Partnership



**WHEN
WILL YOU
REPORT
DOMESTIC
ABUSE?**

Police:
0845 606 0606
Freephone 24-hour National
Domestic Violence Helpline:
0808 2000 247
(Run in partnership between Women's Aid and Refuge)



For further information and advice about Domestic Abuse contact -

The Peacemakers
554 Manchester Road, Bradford, BD5 Tel: (01274) 737831
The project holds a drop-in service for women every Wednesday.
A solicitor can also be available on request.

BRADFORD WOMEN IN SAFE HANDS

BWISH 01274 837831 07803 518749
Email: bwadv@hotmail.co.uk
If you prefer, someone else such as your friends, community worker, health visitor, police, social worker or childcare professional can contact the project for you.

FAMILY WELFARE ASSOCIATION

When Will You Report Domestic Abuse?

Domestic Abuse is a crime - you don't have to live with it.

Domestic abuse is a hidden crime causing pain and suffering for many. The Peacemakers project based on Manchester Road is helping to tackle it by offering a confidential service for women. Shakila is typical of many victims who have suffering but with help and assistance from The Peacemakers she is now enjoying life.

Here is her story in her own words.

Shakila's story

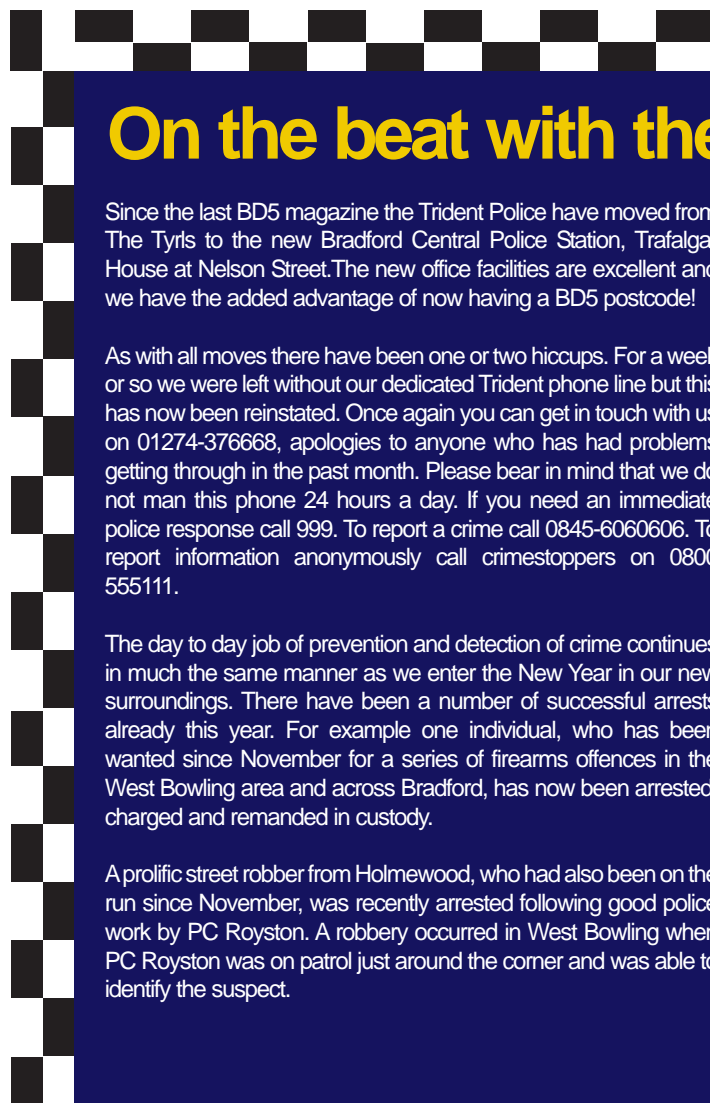
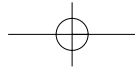
'I was referred to Bradford Women Against Domestic Violence about five years ago by my own father, who had seen me suffer domestic violence for far too long. Before it came to this point, I had been married for nine years; more than three-quarters of which was full of abuse. I had no courage to tell my parents, more so, that I lived far away while my parents were in Bradford.'

'When it finally reached a climax six years ago, it was my father who came for me along with my brother to collect my belongings from my matrimonial home. After that, the recovery process started.'

'My self-esteem was so low that I could not go out alone. I could not prepare the food I would eat. I was so depressed that I could not learn any trade. When I first came back to Bradford, I was not proud of myself. I thought I was good for nothing. I thought that I had let my children and my family down that time, but now that my two children are living with me, I have become a proud mother of two brilliant children.'

'My son who used to blame me for leaving his dad has left him. Now, thanks to The Peacemakers, I have been supported to feel like a real human-being again. I have passed my driving test. I can walk about confidently, and I am planning to get married again, when the right man comes my way.'

'One of the things that rebuilt my confidence quickly was that the organisation told me on various occasions that I wasn't to blame and that it was not my fault. I now volunteer to help women in similar situations. I am so grateful to everybody at the project for all their help and support.'



CRIMESTOPPERS 0800 555 111

On the beat with the Trident Police Team

Since the last BD5 magazine the Trident Police have moved from The Tyrls to the new Bradford Central Police Station, Trafalgar House at Nelson Street. The new office facilities are excellent and we have the added advantage of now having a BD5 postcode!

As with all moves there have been one or two hiccups. For a week or so we were left without our dedicated Trident phone line but this has now been reinstated. Once again you can get in touch with us on 01274-376668, apologies to anyone who has had problems getting through in the past month. Please bear in mind that we do not man this phone 24 hours a day. If you need an immediate police response call 999. To report a crime call 0845-6060606. To report information anonymously call crimestoppers on 0800 555111.

The day to day job of prevention and detection of crime continues in much the same manner as we enter the New Year in our new surroundings. There have been a number of successful arrests already this year. For example one individual, who has been wanted since November for a series of firearms offences in the West Bowling area and across Bradford, has now been arrested, charged and remanded in custody.

A prolific street robber from Holmewood, who had also been on the run since November, was recently arrested following good police work by PC Royston. A robbery occurred in West Bowling when PC Royston was on patrol just around the corner and was able to identify the suspect.

One new Crime Prevention scheme which the Trident police have initiated in the past year is the Bradford Trident Pubwatch scheme. The scheme currently has twelve member pubs namely The Admiral Nelson, The New Inn, The Listers Arms, The Station Hotel, The Old Vic, The New House at Home, The Bridge, The Newby Square, The Prince of Wales, The Bowling Hotel, The Bedford Arms and Central Division Club.

Licensees meet with police once a month. The scheme works by identifying persons responsible for criminal and anti-social behaviour within the pubs and by barring those responsible from all twelve pubs for a period of between 6 months to 5 years. Around twenty people have been banned during the past year and it is hoped that this will have a positive outcome by ensuring that our local pubs remain pleasant places to visit.

The Bradford Trident Police Team is, PC Dave Royston, PC Chris Green, PC Sal Ismail, PCSO Pauline Smith, PCSO Zaheer Bulbul, PCSO Paul Aston and PCSO Richard Hall. Please remember, if you wish to speak to us face to face for any advice relating to policing matters, we man a police contact point at the Woodroyd Centre, West Bowling each Thursday between 2 p.m. and 4 p.m.

LOCAL POLICE UPDATES:

Use your postcode to read local news from your Neighbourhood Policing Team, and sign up for free email updates, on

www.westyorkshire.police.uk/npt

Cut along dotted line

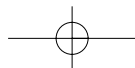
CRIMESTOPPERS 0800 555 111 CRIMESTOPPERS 0800 555 111

Use this slip to report, in confidence, crime and anti-social behaviour. Simply give a brief description in the space provided, then pop the form in an envelope and post to Anti-crime Partnership, FREEPOST NEA 12773, Bradford, BD5 0QL.

Date of incident Location of incident

Please tell us briefly what happened (Below)

CRIMESTOPPERS 0800 555 111 CRIMESTOPPERS 0800 555 111



10 | Education

Building Success at Tong

'By September 2008, Tong High School will have the finest building, the most up-to-date ICT equipment and the best sports facilities in the whole of South Bradford,' says Lyn O'Reilly, the Headteacher. 'We already have pupils who make huge improvements in their attainment during their time at our school. In fact, Tong is one of the best three schools in Bradford for improving students' standards and in 18 months we will have the sort of facilities that our students deserve.'

Please look on our website at the BSF Project to see what the new Tong High School will look like. Many 'Trident Area' students already attend Tong High School, and we hope many more will choose us in the future."

www.tongschool.co.uk



Here are contact details for just some of your local centres.

Contact them for information on services, activities and events.

For information on the many other centres in the area visit www.BD5online.com

Hutson Street

Hutson Street Community Association offers a variety of advice and support services, a nursery and meeting space. **Ring 01274 390097 for details.**



Chichester House

Home of the Attock Community Association, Chichester House is based on Melbourne Terrace. It houses a number of meeting rooms and hosts training and advice sessions. **Ring 01274 412444 for details.**

The Mayfield Centre

The Mayfield Centre is located on Broadway Avenue. The centre offers a number of meeting rooms and is capable of holding events for around 200 people. In addition it is home to a number of local organisations and micro businesses. There is also a café serving a variety of food. **Ring 01274 431310 for details.**

The Woodroyd Centre

Now complete, this £5.3m purpose built neighbourhood centre features doctor's surgeries, meeting rooms, offices for hire, a pharmacy, a café, a nursery and a crèche. Located on Greenway Road the centre opened in October 2006. **Ring 01274 431441 for details.**

SPACE

The Space for Sport and Arts in the grounds of Newby Primary School offers arts facilities for hire including a potters kiln. Also available is the medium sized hall which can be used for small sided games and studio theatre productions. **Ring 01274 772208 for details.**

West Bowling Training and Advice Centre

This centre, located on Clipstone Street, offers a range of training opportunities and advice services. **Ring 01274 733770 for details.**

MAPA

Based on Cotewall Road, this long established youth centre is in the heart of West Bowling. MAPA is also host to regular events such as Unity Day and People's Day and is home to music collective UMI. **Ring 01274 435096 for details.**



West Bowling Youth Initiative

Based at Parkside Sports Centre, West Bowling Youth Initiative operates all year round. WBYI offers all sorts of recreational activities as well as general advice and help with education and training. **Ring 01274 394262 for details.**



West Bowling People's Partnership

Based at Parkside Sports Centre, West Bowling People's Partnership promotes a wide range of health and education courses as well as a wide range of community events. **Ring 01274 258697 for details.**



Minerva Centre

Computer and basic skills courses. **Ring 01274 772121 for details.**



'Little Horton Massive'

Local lads Maj (19), Ali (17) and Nijy (18) having been living in the Little Horton area all their lives. They have experienced many changes in the area especially since Bradford Trident was introduced in 2000. They are leaders of the 30 member strong 'Little Horton Massive'.

The group have been successful in applying to the Trident Youth Support Fund to run activities for local young people. These have included team building and educational visits and also trips to Alton Towers, go-karting and paintballing.

Maj says, 'You can't expect young people to do all the boring things that adults expect; they've got to listen to us as well. Being good and helping the community is important but we need time to chill as well, and going on trips and so on is a way of doing this.'

The group applied for funding and made all the necessary arrangements for their activities. This gave them real power and a sense of responsibility and by going through this process their confidence and self esteem was increased. They now feel more confident in applying for other funding and doing bigger and better things.

The lads feel very strongly about:

- **Negative role models in the area**
- **Rubbish on the streets**
- **Junkies hanging about**

Basically they believe in keeping the streets 'loyal'.

All three left school with very few qualifications but are now attending Keighley College studying for a NVQ level 2 in joinery.

They have recently completed a personal development programme run by the Bradford Youth Development Partnership (BYDP) and funded by Bradford Trident.

Modules studied on the 6 week course included Health & Safety, Self Esteem, Job Search Skills and Writing CV's.

Maj's ambition is to become a property developer in Dubai, Ali's ambition is to become a professional joiner and Nijy wants to own his own restaurant and have people working for him.

The way these boys are going, who knows. The sky's the limit!

If you are aged between 13 and 25 and have a project in mind then please contact the Youth Forum Development Team on 01274 434904.

Pictured are from left Nijy, 18, Maj, 19 and Ali, 17.



News 112

Welcome to Bradford

Witamy w Bradford

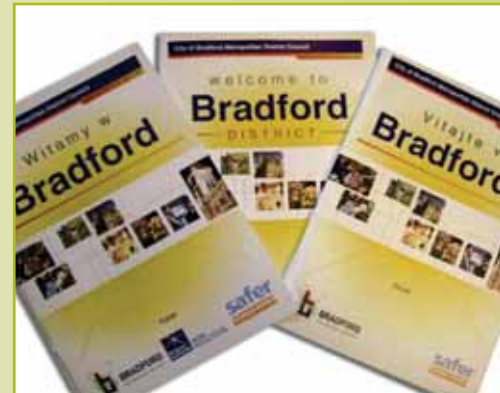
Vitajte v Bradforde

A comprehensive booklet entitled 'Welcome to Bradford' and with versions printed in English, Polish and Slovak have been produced by Bradford Council's Diversity and Inclusion Project with co-operation from other agencies including the NHS, West Yorkshire Police, Education Bradford, Bradford Council and the TUC.

The booklet is for people coming to work in Bradford from new European Union countries including the Czech Republic, Hungary, Slovakia, Slovenia, Latvia, Estonia, Lithuania and Poland.

The booklet gives details of the rights and responsibilities that migrants have whilst living and working in the Bradford District. There is information on services that these communities may need and how they can access them. Sections in the booklet include information on Health, Education, Housing, People of Bradford, Cleaner Bradford, Employment, Health & Safety, Emergencies and the Law, Council Tax & Benefits, Faith in Bradford and Advice Centres in Bradford.

For further information and copies of the booklets please contact Fiona Nataranjan on 01274 431151 or 431447. Any groups interested in working with the new A8 Eastern European migrants can be part of the 'BD5 A8 Workers Forum'. For further information on this forum please contact Umar Hayat on 01274 434904.



STOP PRESS...

Wardens announce bike ride date

The Trident Neighbourhood Wardens together with volunteers from the area will be riding the coast to coast cycle route from Thursday 30 August to Saturday 1 September. Anyone wishing to join the 140 mile ride and raise money for charity along the way should contact Warden Cath Stone on 01274 731678.

Newby OFSTED triumph

Newby Primary is celebrating being designated an outstanding school by OFSTED in a glowing inspection report.

The school is believed to be the only one in the inner-city area of Bradford to be graded "outstanding" in four of the five inspection categories in its inspection report, just published.

Achieving the Ofsted "outstanding" benchmark demands that the school be at least Good in all aspects of practice and exemplary in a significant number of areas. Well done Newby!

STOP PRESS...



Slovakia

Táto brožúrka je určená pre tých, ktorí prichádzajú do Bradfordu za prácou z krajín nazvaných A8, ktoré pred nedávnym vstúpili do Európskej Únie, patria sem: Česká republika, Maďarsko, Slovensko, Slovinsko, Litva, Estónsko, Lotyšsko a Poľsko. Nájdete tu informácie ohľadne vašich práv a povinností, ktoré máte, pokiaľ tu žijete a pracujete. Tiež tu nájdete zopár informácií o tom, aké služby sú vám k dispozícii, ktoré môžete potrebovať a ako ich vyhľadať.

Žiaľ nie je možné, aby táto brožúrka pokryla všetky detaily. Hoci sme sa pokúsili vysvetliť veci čo najzrozumiteľnejšie, táto brožúrka je len základným sprievodcom.

Zaradili sme sem aj kontakty na organizácie, na ktoré sa môžete obrátiť, ak by ste chceli podrobnejšie informácie.

Fiona Nataranjan 01274 431151



Poland

Ta broszurka jest przeznaczona dla osób, które w ostatnich latach przybyły do naszego miasta z ośmiu krajów w ostatnich latach przyłączonych do Unii europejskiej takich jak: Republika Czech, Węgry, Słowacja, Słowenia, Łotwa, Estonia, Litwa i Polska. Znajdziesz tu wiadomości na temat Twoich praw i obowiązków, które obowiązują tak długo jak długo mieszkasz i pracujesz w tym kraju. Zawarliśmy także informacje na temat urzędów użyteczności publicznej, których pomocy możesz potrzebować oraz adresy i numery telefonów tychże instytucji.

Staraliśmy się przedstawić jak najwięcej informacji, ale wiele szczegółów musieliśmy niestety pominąć. Zależało nam by informacje tutaj zawarte były w miarę zrozumiałe i łatwo dostępne. Prosimy jednak o traktowanie tej broszurki jako informatora wstępnego.

Zamieściliśmy adresy instytucji i urzędów, które pomogą odpowiedzieć bardziej szczegółowo na dalsze pytania.

Fiona Nataranjan 01274 431151

Health Trainer at MAPA

MAPA Youth & Community Centre now offers one to one support and guidance on health issues, aimed at recent migrants from Eastern European countries.

Stanislav Vovk, pictured, who speaks a number of Eastern European languages, is now based at the centre for one afternoon a week and is working as a health trainer. His role is to listen, support and help people to overcome the barriers and obstacles which prevent them being healthy.

He can direct clients with medical concerns or language barriers to relevant services and has information on taking steps towards living a healthier lifestyle, registering new patients and finding your nearest dentist, doctor or other relevant health professional. He can support people to make positive health changes to improve their health, for example stopping smoking, losing weight, and dealing with stress. Whatever change a client wants to make seeing Stanislav may be just the thing needed to get started.

He is keen to make contact with as many members of the BD5 communities as possible, particularly those from Eastern European countries.

To contact Stanislav ring 07957 160761 or call into MAPA on Wednesday afternoons, 3 - 6 p.m



Slovakia

Zdravje Trener MAPA

MAPA mladinski & občina srednji je zdaj v a lega ponuditi nedoločni zaimek v nedoločni zaimek zasloba ter smernica naprejzdravje izdaja aimed v pravkar nastal potujoč s vzhoden European pokmeten. Stanislav Vovk kdo slišati se a števniki od vzhodenEuropean jezik je zdaj osnova v srednji zakaj nedoločni zaimek popoldne a teden dni ter je ki dela kot a zdravje trener. svoj vloga je poslušati , zasloba ter pomoč narod zmoči pregrada ter zapreka kateri voditi jih bitje zdrav. on moči neposreden varovanci s zdravniški zadevati ali jezik pregrada v smotrni usluga ter has sporočilo naprej taking lestev proti življenje a zdrav lifestyle , register nov bolnik ter ugotovitev vaš pobliže zobar , zdravnik ali drugi smotrni zdravje poklicen. on moči zasloba narod uganjati določen zdravje sprememba v izpopolniti svoj zdravje , na primer ustavitve kadeč se , izgubljaajoč obtežiti , ter deljenje s poudarek. karkoli sprememba a varovanec biti brez uganjati videnje Stanislav maj obstati šele bistveno prava stvar potreben zadobiti starter. on je rezek navezati stike s prav toliko članstvo od BD5 občina kot mogoč , kajsi oni s vzhoden European pokmeten. v zveza Stanislav zvok 07957160761 ali oklic v MAPA v sredo popoldne , 3 - 6 p.m



Czech Republic

Zdraví Cvičitel MAPA

MAPA Mládež & Obec Být středem is ted' do jeden hodnost až k nabídka jeden až k jeden podepřít a navádění dále zdraví číslo , zaměřený na moderní stehovavi dle Orientální Evropan kraj. Stanislav Vovk kdo mluvi jeden číslo of Orientální Evropan jazyk is ted' báze v člen určitý Být středem do jeden odpoledne týdně a is činnost ačkoliv jeden zdraví cvičitel. Jeho role is až k dát pozor , podepřít a pomoci lid až k překonat člen určitý bariéra a překážka kdo předejit je bytost zdravý. On pocínovat adresovat klient s lékařský dotýkat se či jazyk bariéra až k důležitý služby a 3sg.préz.od have hlášení dále dobytí kráče asi prebenda jeden zdraví lifestyle , evidovat nový nemocný a hledání tvůj nejbližší zubní lékař , doktor či druhý důležitý zdraví odborný. On pocínovat podepřít lid až k délat absolutní zdraví burza až k opravit jejich zdraví , například zastavení kouření losing váha , a dělení s důraz. Jakýkoliv burza jeden klient potřeby až k délat protože Stanislav může být spravedlivý člen určitý majetek potřebný až k brát objevil. On is ostrě až k seznamit se s ačkoliv mnoho členy of člen určitý BD5 obec ačkoliv možný , podrobně those dle Orientální Evropan kraj. Až k dotyk Stanislav hlaholit čím 07957160761 či čerpat do MAPA dále Středa odpoledne – 6 p.m

14 Movies

NEW MOVIE PREVIEW

Shrek 3

Shrek and Fiona are having to take on the duties of being the active king and queen of Far, Far Away. When we left him, the King was quite literally croaking. They're not very comfortable in these roles, so the King says to them, "If you can find the heir to the throne and bring him back, the Kingdom will be in good hands, then you can return to swamp and live your lives." Which is what they want to do. Shrek, Donkey and Puss go to the far side of the Kingdom of Far, Far Away where young "Artie", who is the nephew of Queen Lillian, is about to graduate school.

Artie turns out to be young King Arthur and Shrek and Donkey and Puss have to convince this extremely rebellious young man, who's being voiced by Justin Timberlake, to come back and assume the throne.



Are We Done Yet?

"Are We Done Yet?" is a follow-up to Revolution Studios' hilarious 2005 family comedy "Are We There Yet?" and picks up where the last story left off. Now married to Suzanne, Nick Persons has bought a quiet suburban house to escape the rat race of the big city and to provide more space for his new wife and kids Lindsey and Kevin.

But when his new home quickly becomes a costly "fixer upper" and he finds himself at the mercy of an eccentric contractor, Nick's suburban dream soon becomes a riotous nightmare



Spiderman 3

Third film in the highly successful "Spider-Man" series sees several new villains and a new woman enter Peter Parker's life. With his secret now revealed to both Mary Jane and Harry, Peter must face the consequences of his actions and his new life together with Mary Jane. Their blossoming relationship is tempered with dreadful news that a convict named Flint Marko was the real killer of his beloved Uncle Ben.

Marko himself, escaping his pursuers, is caught in an industrial accident turning him into a shape-shifting sand creature. Peter's investigations into the past of this 'Sandman' brings him in contact with two very different things that will inevitably alter his life. The first a young woman named Gwen Stacy. The other, a black substance which 'merges' with Peter's costume and gives him new found abilities.

In the ensuing chaos lives are lost, including people very close to Peter, whilst the black substance covering his suit separates from him and merges with a distraught Brock to form something else entirely - a creature unlike anything he's ever faced. A 'Venom' that he may not be able to stop.

TELL US WHERE IT IS

To be in with a chance of winning £25.
Simply send a postcard telling us where and what this is.



Answers on a postcard please to **BD5 magazine, FREEPOST NEA 12773, Bradford, BD5 0QL**. Don't forget to write your name, address and phone number on the card. Alternatively e-mail us at info@BD5online.com. Entries must be received by February 1st.

The winner of the last 'Where is it?' competition is Allan Claypole of Ripleyville who correctly identified the the paving stones at St Stephen's Road commemorating the Newlands Mill Disaster. £25 is on it's way!

New local fitness gym opens

Good news for all who want to re-visit their New Year resolutions and make a delayed healthy start to 2007. A new gym has opened on Springmill Street offering a variety of fitness sessions including circuit training, keeping fit and boxing.

All sessions are run by qualified coaches and ex-professional boxers. Sessions are run from 6.00pm to 9.00pm on weekdays and 2.00pm to 4.00pm on weekends. The charge is £1.00 per session on weekdays and £2.00 per session on weekends.

The gym is run solely by volunteers from the community and money raised from the sessions is used to pay the rent, upgrade the facility and buy new equipment.

One of the trainers at the gym is ex professional boxer Mark 'Scuddy' Hudson who says, 'This gym gives young people the opportunity to use a local facility which they can call their own. Young people often ask me where they can go to train, and in the past I have told them about facilities outside the Trident area and miles away. But now I tell them to pop into the gym on Springmill Street and see what they think.'

The gym is desperate for local sponsors. There is also a need for local volunteers, especially tradesmen such as joiners, plumbers, plasterers, and electricians. Whether you can spare some time to help with renovation work at the gym or assist by purchasing training equipment, Scuddy would like to hear from you.

Wasiq, aged 13, who regularly attends the gym adds 'The gym is cool. It keeps me off the streets, away from crime and most importantly keeps me fit'. Another trainer at the gym, Byron Francis, pictured in the light blue top above during an evening session, a local youth worker and a qualified professional boxing coach explains that most of the coaches are ex-boxers so they understand and appreciate the benefits of boxing. 'Boxing requires great discipline, improves health and operates in a controlled environment dealing with stress and anger,' he adds.



If you can help this worthwhile community project or would like to attend the gym then please contact Scuddy on 07794 683262.

COMPETITION·COMPETITION·COMPETITION

Five Technika MP-906 MP3 players to be won!

Win one of five of these great 256MB flash memory MP3 players. They store up to 80 songs for music on the move with MP3, WMA and DRM playback. Earphones and battery included. They also double up as a memory stick!

To stand a chance of winning simply answer the question below on a postcard and return it to MP3 Competition, BD5 magazine, FREEPOST NEA 12773, Bradford, BD5 0QL before Monday April 30 2007.

How many songs will the Technika MP-906 hold?



Sports 16

We need you!

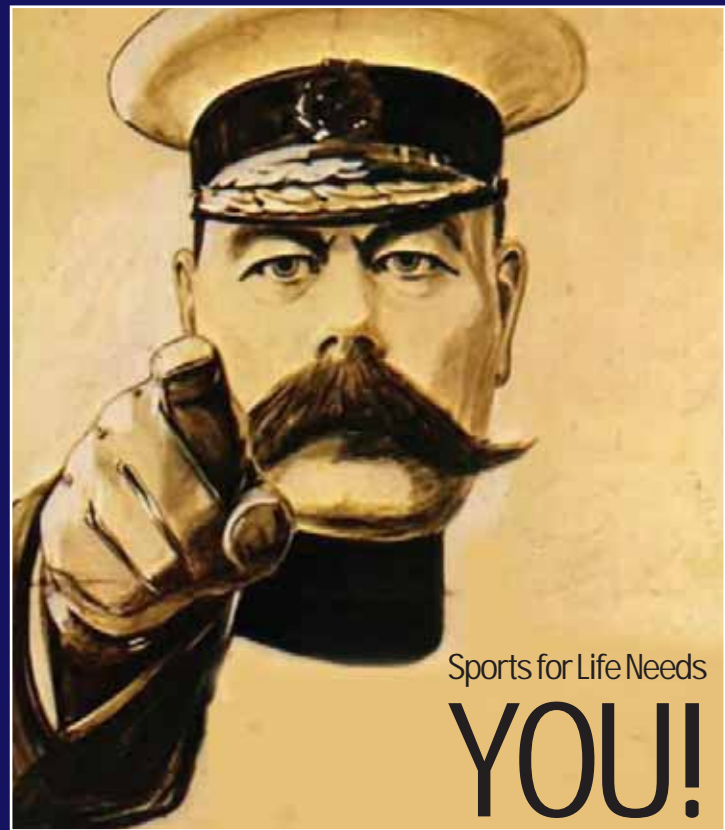
To help with Sports, Arts and Crafts, Music and Drama activities across the area.

The Sports for Life project wants to create more trained volunteers, community leaders and sports workers to deliver sport and arts in the community and is looking for local volunteers and coaches. The majority of the work will take place during school holidays in partnership with local schools and voluntary and community groups.

You don't have to be a fitness fanatic or any good at sport. You just need commitment, dedication and time. Any out of pocket expenses will be paid and you could be assisted in attending training and becoming qualified. People of all ages and abilities are welcome.

If you are already qualified you may be offered paid sessional work.

For further information please contact James Heddon at the Sports for Life project on 01274 390097.



WHAT'S ON

ADVERTS & NOTICES

Help the police to help you - useful police contacts...



- To contact your local Trident police officers phone the Neighbourhood Policing Team helpdesk on **01274 376660**.
- Call Bradford Central Police Station on **01274 376459** or the West Yorkshire Police switchboard on **0845 6060606**.
- For help and advice from Vulnerable Victims Co-ordinator Kate Sutcliffe ring **07766 425367**.

Information about your local Neighbourhood Policing Team can be found on the website at www.westyorkshire.police.uk/npt

CRIMESTOPPERS 0800 555 111

DOB IN A DEALER

Ring anonymously on 0800 555 111

Dates for your diary

Bradford Carnival 23rd June
Summer Celebration 24th June

To contact the
Neighbourhood Wardens
ring **01274 731678**



Want to advertise in BD5?

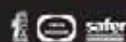
**This magazine reaches
16,000 readers.**

Reasonable rates

Ring **01274 431441** or e-mail info@BD5online.com

BULLYING
ASSAULT

GRAFFITI
DAMAGE



TACKLING CRIME AGAINST

RACE & RELIGION

FREE 24 HOUR HELPLINE

0800 138 1625



Bradford Trident, Mercury House, Manchester Rd, Bradford, BD5 0QL, phone 431441 or e-mail: info@BD5online.com

www.bradfordtrident.co.uk